



Physical Education (PE)

Intent, Implementation and Impact

Physical Skills		Social Skills	
Running, Jumping & Throwing	Movement & Travel	Teamwork & Collaboration	Fair play & Honesty
Controlling Objects	Swimming & Aquatic Skills	Communication	Inclusion
Outdoor Skills Challenges	Movement to Music	Leadership	Empathy & Supporting others
Balance and Body Control	Gross & Fine motor Skills	Responsibility	Competing with & against others
Thinking Skills		Health and Wellbeing	
Creativity	Resilience	Physical Active Habits	Personal Safety
Independent Learning	Desire to Improve	Understanding Healthy Eating	Physical Fitness
Decision Making & Tactics	Apply Skills & Knowledge	How does the body work?	Experiences outside of regular environment
Confidence & Self Esteem	Predict & Judge Outcomes	What exercise does for the body	Celebrate Success
How do we do this? - Implementation			
Physical Education	School Sport	Physical Activity	
Structured PE timetable which allows: - Fun, active lessons which engage all pupils - Child friendly learning outcomes and children understand the content - Stage appropriate activities for all pupils and all pupils make progress - Skilled staff/workforce to inspire learning - Purposeful assessment and feedback	- A range of opportunities for ALL pupils to engage with, outside of lesson time (including PP & SEN) - Access to competitions and events for all pupils - Links to wider events (i.e World Cups/ Olympics/ Wimbledon) - Targeted provision for those who need it - Student voice to provide relevant opportunities - Provide Pupils with exit routes to continue sport/activity out of school	- School supports 30 active minutes for all pupils through the day and supports pupils to be active at home - Embedding physical activity interventions throughout the school day - Using activity as a tool for teaching active lessons - Promoting activity at break and lunchtimes - Creating active environments across school - Supporting active travel	
Personal Development - Impact		What do we want pupils to have learnt by the time they leave St John's? – Impact	
Character Development	Understanding Cultures	Understand the importance of being healthy & active	
Developing Talents	Resolving Conflict	Pupils to be physically literate	
Active Citizenship	Resilience	Inspired to have a lifelong participation	
Healthier Communities	British Values	Rounded citizens	

Whole School PE Overview – Complete PE

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Walking 1 Jumping 1	Ourselves	High, Low, Over, Under	Moving	Hands 1 Feet 1	Games for Understanding
1	Team Building Body Parts	Hands 1 Growing	Wide, Narrow, Curled Rackets Bats and Balls	The Zoo Games for Understanding	Feet 1 Health and Wellbeing	Jumping 1 Running 1
2	Health and Wellbeing Dodging 1	Mr Candy's Sweet Factory Hands 1	Linking Feet 1	Explorers Hands 2	Jumping 1 Rackets Bats and Balls	Team Building Games for Understanding
3	Orienteering Tag Rugby	Swimming Handball	Dodgeball Symmetry and Asymmetry	Swimming Wild Animals	Tri Golf Athletics	Swimming Rounders
4	Swimming Netball	Circuits Quidditch	Swimming Bridges	Competitions Cats (Dance)	Problem Solving Athletics	Cricket Orienteering
5	Counter balance and tension Problem Solving	Health Related Exercise Dance	Tag Rugby Flight	Street Art Netball	Athletics Tennis	Rounders Cricket
6	Handball Netball	Sportshall Athletics Creating Sequences	Basketball Greeks (Dance)	Orienteering Health Related Exercise	Athletics Cricket	Rounders Tennis