

	Term 1	Term 2	Term 3	Term 4	Term5	Term6
Reception	Keeping Safe and managing Risk How to contribute to the life of the classroom Keeping safe around the school- helpful adults to recognise what is fair and unfair, kind and unkind, what is right and wrong <u>LCP - Fairness: Behaviour</u>	Mental Health and Emotional Wellbeing What do we do if we need help or feel sad? (trusted adults) To communicate their feelings to others, to recognise how others show feelings and how to respond <u>LCP - Fairness: Sharing</u>	Relationships education Friendship - to recognise how their behaviour affects other people <u>LCP - Relationships: Relationships at school</u>	Relationships education Families to identify their special people (family, friends, carers), what makes them special and how special people should care for one another <u>LCP - Relationships: Relationships at home and in the community</u>	Physical Health and Wellbeing Healthy lifestyle and making good choices To recognise what they like and dislike To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them) <u>LCP - Choices: Keeping healthy</u>	Identity, society and equality To identify and respect the differences and similarities between people <u>LCP - Choices: Being independent</u>
Cultural competencies	Race – Mixed by Aree Chung	Disability Read Amazing by Steve Antony	Gender – Read He bear she bear By S and J Berenstain	Sexual Orientation The family book – by Todd Parr		
Year 1	Identity, society and equality <u>LCP - Who am I?</u> • Identity – What does that mean? • Portraits • What's in a name? • My groups and hobbies • Helping hands • My dislikes • How I feel • Managing my feelings • A jigsaw of me • Let's recap	Relationships Education <u>LCP - Feelings and relationships</u> • Feelings and relationships • Anger • Fear • Frustration • Managing change • Happiness and sadness • Developing self-confidence • Happy endings • A new baby • Friendship web • Let's recap	Mental Health and Emotional Wellbeing about good and not so good feelings, a vocabulary to describe their feelings to others and simple strategies for managing feelings change and loss and the associated feelings (including moving home, losing toys, pets or friends)	Keeping Safe and managing Risk People who help us to recognise that choices can have good and not so good consequences new opportunities and responsibilities that increasing independence may bring including road safety, safety in the environment online safety	Careers, financial capability and economic well being <u>LCP - Choices</u> • Making choices • Dilemmas • Choosing a friend • How to play • Playing safe • Managing money • Money and talents • Looking at job choices • Let's recap	Physical Health and Wellbeing what constitutes a healthy lifestyle how to make real, informed choices that improve their physical health, the importance of and how to maintain personal hygiene Drug, alcohol and tobacco education What we put into and onto our bodies to keep healthy including sun health, inhalers etc that household products, including medicines, can be harmful if not used properly

Cultural competencies	Race- Read – The colour of us by Karen Katz	Body Image read your body is awesome – by S Danielsdottir		Sexual Orientation 'The Great Big Book of Families,' by Mary Hoffman and Ros Asquith		
Year 2	Mental Health and Emotional Wellbeing Friendship to think about themselves, about change and loss and the associated feelings (including moving home, losing toys, pets or friends) Rules (1) • The meaning of rules • Appreciation of class rules • Rules in the home • Dangerous household goods • Safety in the home	Keeping Safe and managing Risk rules and consequences rules for and ways of keeping safe e.g. online safety, to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation) LCP - Rules (2) • Rules for our protection • Useful rules • Road safety • Good roadcraft • Internet safety • Let's recap	Relationships Education Boys and girls, families about the process of growing from young to old and how people's needs change about people who look after them, their family networks, who to go to if they are worried and how to attract their attention LCP - Communities • Family passport • Cultural diversity • Food from other cultures • People who help in our community • The local community • Then and now • Journeys around the world • An ideal community • Caring for the environment • Community project • Let's recap	LCP - Rights, respect and responsibilities • What are rights and responsibilities? • The right to be safe • The right to go to school • The right to medical care • Care of a baby • Looking after a pet • Respect • The 'Golden rule' • The tale of the talkative tortoise • Let's recap	Identity, society and equality Similarities and differences to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals LCP - Right and wrong • Judgement – Don't judge a book by its cover • Truthfulness • Telling lies • Bullying • Teasing and bullying • Selfishness • Stealing • Jealousy • Let's recap	Physical Health and Wellbeing What keeps me healthy? what constitutes a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health Personal hygiene LCP - Health and hygiene • The human body • Germs • Cleanliness and personal hygiene • When we are ill • Healthy eating • Looking after your teeth • Fun in the sun • How we change as we get older • Let's recap
Cultural competencies	Global and local economic inequality – The Happy Prince by Oscar Wilde		Migration Read the book: All are Welcome by Alexandra Penfold			
Year 3	Relationships Education to reflect on and celebrate their achievements, identify their strengths, areas	Relationships Education To deepen their understanding of good and not so good feelings, to extend	Mental Health and Emotional Wellbeing Strengths and challenges about the 'special people' who work in	Keeping Safe and managing Risk rules and consequences rules for and ways of	Keeping Safe and managing Risk LCP - Right and wrong • What is 'right' and what is 'wrong'?	Physical Health and Wellbeing What choices do I have? what positively and negatively affects their physical health

	for improvement, set high aspirations and goals <u>LCP - Who am I?</u> • Who am I? Who are you? • Thinking about me • Heroes • I am a special person Online safety - the importance of protecting personal information, including passwords, addresses and images	their vocabulary to enable them to explain both the range and intensity of their feelings to others. <u>LCP - Feelings and Relationships</u> • Fear • Loneliness • Teasing and bullying • Trust • Good and bad secrets • Bereavement	their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency / childline etc <u>LCP - Mental Health and emotional wellbeing</u> • Talking about worries • Easing stress • The worry dolls of Guatemala • A healthy mind • Rap your way to happiness	keeping safe e.g. online safety, to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation <u>LCP - Rules & Laws</u> • The need for rules – road safety • The need for rules – inventing a game • The need for school rules • The need for school rules – Easy Street School • The Golden Rule • Using the Internet carefully • Cyberbullying	• Fairness and unfairness • Honesty – finding a purse • Moral dilemmas • What is the right thing to do? the responsibilities they have for their own health and that of others that household products, including medicines, can be harmful if not used properly	to recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet
Cultural competencies	Gender: The Paperbag Princess by Robert Munsch			Religion and Belief: The Golden Rule by Ilene Cooper		
Year 4	<u>Mental Health and Emotional wellbeing</u> to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them. That pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media	<u>Relationships Education</u> to develop the skills to develop and maintain positive and healthy relationships to think about the lives of people living in other places, and people with different values and customs <u>LCP - Communities</u> • Groups to which I belong • Our neighbourhood – the local community	<u>Physical Health and Wellbeing</u> What is important to me? how to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle' <u>Drug, alcohol and tobacco education</u> Making choices	<u>Relationships Education</u> to understand that there are basic human rights shared by all peoples and all societies and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child <u>LCP - Rights. Respect & responsibilities</u> • The rights of the child	<u>Identity, society and equality</u> What is Democracy? why and how rules and laws that protect them and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules to research, discuss and debate topical issues, problems and events that are of concern to them and offer their	<u>Careers, financial capability and economic well being</u> The value of money - about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer <u>LCP - Building a future: money management</u> • The pocket money game • Banks and banking

	<u>LCP - Choices</u> • Making choices • Wheel of choice • Dilemmas • Influences	• What makes a good local community? • Charities and their work • Helping young and old people in our community • Young people – runaway children • Senior citizens • The disabled – accessibility for everyone	<u>LCP - Health and hygiene</u> • A balanced diet • Growing up: how we change • Healthy bodies • Healthy bones • Organs of the human body • Feel good, look good • About drugs: where they come from – are they safe?	• Bare necessities – basic rights for everyday life • Responsibilities • A child's point of view • What is respect? • Respecting oneself • Respecting others	recommendations to appropriate people <u>LCP - Life in Britain</u> • Great Britain and the United Kingdom • National emblems • The National Anthem • Who is a British citizen? • People in Britain today – where do they come from? • Britishness – what does it mean to be British?	• Budgeting • Earnings – a fair day's pay • Interest rates and saving • Spending • Advertising
Cultural competencies		Migration read book - Refugees and Migrants by Ceri Roberts				Global and local economic inequality Read - Poverty and Hunger by Louise Spilsbury.
Year 5	Keeping Safe and managing Risk Different influences resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong <u>LCP - Choices</u> • Choosing to behave responsibly • Making informed choices • Making choices about the school environment • Making better choices	Identity, society and equality Stereotypes, discrimination and prejudice, name calling; to realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber bullying, use of prejudice-based language, how to respond and ask for help) <u>LCP - Communities</u> • Men and women – changing roles • Role models • Religious worship	Mental Health and Emotional wellbeing Dealing with feelings to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them to develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves <u>LCP - Right and wrong</u>	<u>LCP - Rules and Laws</u> Rules for living – the Ten Commandments • Rules across the main world religions • Do as you would be done by • Making the law – how bills become laws • Making the law – 'there ought to be a law about it' • Breaking the law – crime • Enforcing the law – the role of the police • Disobeying the law – the case of the Suffragettes	Physical Health and Wellbeing In the media to recognise how images in the media do not always reflect reality and can affect how people feel about themselves explore and critique how the media present information. <u>LCP - The role of the mass media</u> • Introducing the mass media • Comparing newspapers • Making a newspaper • Television	Careers, financial capability and economic well being Borrowing and earning money Learn about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer. That resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world

		• Wedding ceremonies and customs • What does it mean to be British? • Environmental issues	• Forgiveness – the story of the Prodigal Son • Fairness – sharing good fortune • What do we mean by 'right' and 'wrong'? • Fairness – King Solomon and his judgement <u>LCP Rights, respect and responsibilities</u> • Rights, duties and responsibilities • Children's rights • Knowing your rights • Rights for all		• The importance and influence of the media	<u>LCP - Living in a global community</u> • What is global citizenship? • Britain and the world community • Britain and the European Union • War and peace • Keeping the peace – the role of the United Nations • Wealth and poverty • Overseas aid • Human rights • The environment • Habitats in Britain • A better world • A balloon debate Relationships Education Growing up and changing - how their body will change as they approach and move through puberty
Cultural competencies		<u>Gender Stereotypes</u> – 101 Awesome Women, who changed the world				Global and local economic inequality – Read One Hen by Katie Milway
Year 6	Identity, society and equality Human rights Voting and choosing House captains, acting as role models That differences and similarities between people arise from a number of factors, sex, gender identity, sexual orientation, and disability (see 'protected	Mental Health and emotional wellbeing Healthy Minds - to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals <u>LCP - Mental Health and Emotional Well-being</u>	Keeping Safe and managing Risk Keeping safe out and about to differentiate between the terms, 'risk', 'danger' and 'hazard' to recognise their increasing independence brings increased responsibility to keep themselves and others safe	Mental Health and emotional wellbeing To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively	Careers, financial capability and economic well being That resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment What is meant by enterprise and begin	Relationships Education That differences and similarities between people arise from a number of factors, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)

	characteristics' in the Equality Act 2010) <u>LCP - Who am I?</u> • Growing and changing • Motivating me • Celebrate me • Learning about each other • Finding a future for me • Who are my heroes? • Hopes and dreams • Becoming better at being ourselves	• Mental health and mental illness • What is addiction? • Eating disorders • Alcohol and alcohol abuse • Smoking – bad for our health? • Drugs – their use and their effects • Drug use and abuse • Volatile substance abuse	<u>LCP - Life in Britain</u> • We humans are all different • Knowing about others • Stereotypes, prejudice and discrimination • Being old • Being poor	challenge their points of view <u>LCP - Democracy</u> • Democracy and dictatorship • Elections and voting • Political parties • MPs, and what they do • Government and Parliament • Pressure groups • Local government • Government across the United Kingdom • A disunited Kingdom? • Participating in school – having a say • Participating in the community – making a difference • Researching a current political issue	to develop enterprise skills <u>LCP - Building the future: the world of work</u> • Why work? • Jobs in school • Who can solve it? • Jobs in the community • My skills • Criteria for choosing a job • Stereotypes about work • My aspirations • Finding the right job	<u>LCP - Feelings and relationships</u> • Playground behaviour • Responding to bullying - Diversity • Supporting diversity – the case of LGBT relationships • Marriage • Marriage break-ups and divorce <u>Health and Hygiene</u> • A healthy heart • Obesity • Growing up: adolescence • Appropriate and inappropriate touching Relationships Education Growing up and changing - how their body will change as they approach and move through puberty
Cultural competencies			<u>Race / Migration-</u>The Story of the Windrush by K.N. Chimbiri.			Body Image Read, The Ugly One – by LS Ellis